



# Page One's Newsletter

April 2021

42 West Main St, Luray, VA 22835

540-743-4357

Page One of Page County, Inc is a non-profit organization helping needy families in Page county, Virginia with food, clothing and financial assistance. This email newsletter is intended to keep friends and sponsors of Page One up-to-date with events, accomplishments, needs of our organization and related activities. Page One is a 501 (c)(3) organization.

Visit our website at <https://www.vapageone.org/>

## What's In Your Pantry

"For I was hungry and you gave me something to eat. I was thirsty and you gave me something to drink. I was a stranger and you invited me in." Matthew 25.35

### WAYS TO HELP YOUR NEIGHBORS IN NEED

#### All By Myself

1. Daily Bread Prayers - The single most important action all of us can do is to pray. Most of us say 'grace' thanking God for the food we have to eat. How often do we pray for those with a empty plate? Consider making a commitment to pray daily for the hungry. Prepare prayer Scripture cards about hunger. Psalm 43:8, Matthew 25:34-40
2. BOGO (Buy One Give One) - Weekly buy extra non-perishable food items and donate them to Page One Food Pantry.
3. Gardens - If you love to garden, plant a little extra to share with others.
4. Donation Diet - What is your guilty pleasure: ice cream, candy, potato chips? Decide to stop eating that calorie treat and donate the money to world hunger. Lose the weight for someone else to gain.

#### With Friends

1. Backpack ministry - Contact a school or social worker and provide students with backpacks and food for weekends.
2. Community Gardens - Share God's bounty and the Bread of Life.
3. Thrifty Cookbook - Create a 'stretch-a-dollar' download the recipes at [snaped.fns.usda.gov/basic-nutrition-everyone/health-low-cost-recipes](https://snaped.fns.usda.gov/basic-nutrition-everyone/health-low-cost-recipes).
4. Thrifty Cooking Classes - Page One offers cooking classes on healthy choices, and how to stretch the budget. Come join us!
5. Non-Food Collection - Do a Food Drive for Page One

Monetary Donations Accepted to Purchase Food: Page One, 42 West Main Street, Luray, VA 22835

## Scheduled Fund Raisers

### Summer Fashion Show

June 26 11:00am - 3:00pm

Shenandoah Valley Electric Company parking (The old Farmer Market lot)

Lots of items for sale (clothing, shoes, jewelry, glassware, household items)

Food Booth & Bake Sale

Join Us For a Fun Day!

Benefits Page One Food Pantry & Outreach Senior Ministry

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# Shoe Drive Fundraiser

**Nothing to buy! - Nothing to sell!**

**Simply donate your unwanted shoes!**



## Shoe Drive

April 14-June 14

Leave your shoes at any Page One business location

Our Sponsor for this fundraiser



***We can make a difference***

***But***

***We need you***



**Page One Treasures Thrift Shop**  
42 West Main Street  
Luray, VA 22835  
540-743-4357

**Page One Boutique Shop**  
1 Cave Street  
Luray, VA 22835

**Page One Shenandoah Branch**  
600 Comer Lane  
Shenandoah, VA 22849  
540-652-8780

**Page One Family Assistance  
and Food Pantry**  
35 North Bank Street  
Luray, VA 22835  
540-743-4863

#### **Family Assistance Program**

We assist low-income individuals and families with fuel, water, rent, electricity, clothing, cancer vouchers for gas, with emergency situations. During our Family Assistance hours (M, T, Th: 8:30 - 11:30 a.m.)

We have three pastors available for our clients.

#### **Pantry and USDA Food Distribution Program**

We distribute USDA and pantry food items to clients per 30 days through the Family Assistance Program, also we provide Seniors with commodity boxes per 30 days (must be 60 or older and income eligible)

#### **Thrift Shops / Boutique**

Community donations of clothing, household items, furniture, etc. are sold to fund Page One and its mission.



#### **Food Drives**

Food and paper products are collected for families in need.

#### **Coat Drive/Shoe Drive**

Coats and shoes are collected for families in need.

#### **Blue Ridge Hospice**

picks up recycled clothing for their Winchester facility on a regular basis.

#### **Special Cancer Fund**

Funds are set aside to assist cancer patients with fuel for their vehicles to get to and from cancer treatments.

#### **Classes**

With the Virginia Cooperative Extension, we host Healthy Eating/Cooking and Budgeting Classes for the public.

#### **Estates**

We clean out and haul away local and out of the area estates at the request of real estate agent and heirs.

#### **Fire and Flood Victims**

Fire and flood victims are assisted with emergency food, clothing, furniture, and short-term lodging.

#### **Green Valley Auctions**

Green Valley Auctions sells for us special donated items and also donates to us items that do not sell at auction.

#### **Handicap Department**

We collect wheelchairs, canes, walkers, etc. to offer at low cost. Also, we donate such items, when needed, to low-income individuals in Continuing Care or nursing homes.

#### **Hunter's for the Hungry**

Local certified butcher processes, wraps, and delivers venison to our local pantry.

#### **"Barney Male" Fund and Memorial Donations**

Memorial donations can be made in memorial of a family member or friend, anniversary and birthday donations used within the Family Assistance Program.

#### **Pet Food Drive**

Pet food, litter, and paper products are collected for families in need.

#### **Recycle**

Metal, computer equipment, cardboard, and paper are recycled.

#### **School Closets**

Yearly, we host and collect for the Stuff the Bus School Supplies Drive. We supply all our local schools with coats, gloves, hats, pants, tops, and underwear. We collect and distribute school supplies to local schools.

#### **Strength in Peers - 35 North Bank St., Luray, VA**

Weekly, we host this organization during our Family Assistance hours. Strength in Peers offers a unique approach to recovery with peer support for those struggling with substance use, mental health, and trauma-related challenges.

#### **Veteran Assistance**

Upon request, we provide clothing, books, gift cards, and other necessary items to veteran's organizations.

#### **Virginia Career Works**

On Tuesdays, Gloria Hamilton of Virginia Career Works, provides assistance to members of our community with job search, resume development.



## Employee of Month Jessica Good

Jessica Good is an employee at Luray Thriftstore. She is responsible for processing donations for sale by preparing, organizing and displaying items. She provides excellent customer service and assisting the store manager with the day-to-day operations of the store.



Just arrived - Make an offer - 2-seater and 4-seater

### Page One Food Pantry Needs

Cereal	Ensure or Boost	Soups
Jelly	Peanut Butter	Canned Fruit
Mac & Cheese	Tuna	Spam
Canned mixed veggies	Canned Green Beans	Crackers
Box mashed potatoes	Flour	Sugar
Canned milk	Toothpaste	Diapers
Cookies	Ketchup/Mustard	Mayonnaise
Toilet Paper	Paper towels	Fresh produce

**Needed at all times - Baby diapers, Baby food, Protein drinks. Recycle your plastic grocery bags with us as they are something we use every day.**

# NOTICE

Page One Treasures Thrift Store will, until further notice, remain closed on Mondays.

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## Food Pantry March of 2021

Families Assisted with Food (Avg.  
per month)

<b>Luray</b>	212
<b>Shenandoah</b>	54
<b>Bethlehem Christ.Out.</b>	<b>83</b>

Amount of food received  
at **Luray** from

Churches	12,583 lbs
Individuals	2,983 lbs
Businesses	21,185 lbs
USDA	40,678 lbs
Purchased	53,255 lbs
Food Bank Don	60,862 lbs
Food Drives	0 lbs

Food received at **Shenandoah** from

Businesses	7,182 lbs
Churches	185 lbs
Individuals	1,586 lbs
Purchased	128 lbs

Amount of food issued YTD to  
families

<b>Luray</b>	37,432 lbs
<b>Shenandoah</b>	13,500 lbs

## Financial Assistance March of 2021

Families assisted in **Luray** with:

Rent	36
Electricity	33
Special Needs-Cancer	62
Water/Sewer	7
Heat, Fuel	39
Miscellaneous	3
Wood	19

**Total** 199

Families assisted in  
**Shenandoah** with:

Electricity	8
Heat, Fuel	4
Rent	9
Water	2
Mortgage	0
Medical	0
Wood	2
Other	0
Prescriptions	1

**Total** 26



We have Speakers available to provide your organization with information  
about Page One. Call us at 743-4863 to schedule a speaker.

### Donation



Use this symbol to donate online to Page One thru Paypal.

## Churches, Service Clubs, Businesses

**Our biggest overall need is for volunteers.** We use volunteers to conduct almost all of our operations. When we are short of volunteers it overworks existing volunteers or closes down an element of our service.

Please encourage the members of your organization to volunteer with us. They will benefit personally from the experience and also help your organization.

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### Feedback Needed

Help us ensure this newsletter provides the information you need. Send your comments, pro and con, to [newsletter@vapageone.org](mailto:newsletter@vapageone.org). Thanks!

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### Contact Information

Call us at **540-743-4863** for more information about these items or other questions.

You can also email us at:

[admin@pageone.org](mailto:admin@pageone.org)

or you can also mail us directly at:

**Page One, 42 West Main St, Luray, VA 22835**

Visit our website at <http://www.vapageone.org>

### Our Sponsors

Thanks to These Generous Sponsors



Page One's Newsletter is the monthly email of Page One of Page County to provide timely announcements of ongoing activities.

Page One is an equal opportunity provider and employer.

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Visit our website at <https://www.vapageone.org>