



## Page One's Newsletter

March 2020

42 West Main St, Luray, VA 22835

540-743-4357

Page One of Page County, Inc is a non-profit organization helping needy families in Page county, Virginia with food, clothing and financial assistance. This email newsletter is intended to keep friends and sponsors of Page One up-to-date with events, accomplishments, needs of our organization and related activities. Page One is a 501 (c)(3) organization.

Visit our website at <https://www.vapageone.org/>

### Announcements

A new outreach program, thanks to the partnership of Bethlehem Christian Outreach Mission and Pastor Don Thomas, our Page One Chaplain, has been initiated and already dozens of elderly Page County families are benefiting. Families with the head of the household over 60 that need help due to health issues and low income are eligible to receive a bag of food two times a month. The food is provided by the Blue Ridge Food Bank and from local churches. In January 2020 we had 53 family units, with 123 family members, receive this food. In February the number of families increased to 63.

The outreach group now serves people from the age of 65 to 98 with the average being 74. Most of them are proud to ask for help, and many times find themselves deciding between medicine, food and utilities. We have 25 widows and some have children and grandchildren living with them. The group is not a food bank but provides a way to make things easier for those in need of healthy food. We only ask that they do not already get food from Page One. No names are taken except for those who need delivering. We need people who can deliver and take time to listen to those receiving the food. Giving means more than material items. Many times Jesus said to those around him to "feed my sheep". If you or your church would like to help contact Lois Shaffer or Pastor Don Thomas at Page One 743-4357.

Drop off your donations of used clothing and household goods at the new drop off shelter at our Food Bank/Family Assistance location on Bank Street. Place these items inside the structure to protect them from

the weather. Furniture and large items should continue to be dropped off behind the Thrift



Store.

### Page One Food Pantry Needs

January Canned Soups & Crackers

February Canned Fruit

**March Canned meat**

April Mixed Vegetables

May Mac & Cheese

June Juice Boxes

July Jelly

August Cereal

September Peanut Butter

October Peas

November Boxed stuffing, green beans

December Canned Hams & Turkey

In short supply - Mayo, ketchup, mustard, crackers, canned fruit, canned beans of all types, Ensure, Ravioli, sugar.

Needed at all times - paper towels, toilet tissue, Baby diapers, Baby food, Ensure, Protein drinks. Recycle your plastic grocery bags as they are something we use every day.



The entire crew at the Boutique are recognized this month as the Volunteer of the Month because they have taken this new facility to the highest level. The Boutique has been in it's new location just a month and already it exceed our expectations.

Sales are up significantly because of the attractive displays this crew have developed. Sales are also up because of the quality of items we have received, the available parking and consequently the crowds who have visited the store. Our thanks to Jeff and Mary Turner, Frankie Shackelford, Shirley Comer, Gaile Brubaker and Marie Kemp (missing in the photo) who collectively have made the store into something we are proud of.

### Food Pantry February 2020

Families Assisted with  
Food (Avg. per month)

<b>Luray</b>	285
<b>Shenandoah</b>	71

Amount of food received  
YTD At **Luray** from

Churches	1,634 lbs
Individuals	381 lbs
Businesses	9,393 lbs
USDA	22,902 lbs
Purchased	6,701 lbs
Food Drives	2,232 lbs

Food received YTD  
at **Shenandoah** from

Businesses	3,607 lbs
Churches	300 lbs
Individuals	447 lbs
Purchased	814 lbs

Amount of food issued YTD  
to families

<b>Luray</b>	25,762 lbs
<b>Shenandoah</b>	4,731 lbs

### Financial Assistance February 2020

Families assisted (Avg.  
per month) in **Luray** with:

Rent	8.0
Electricity	29.0
Special Needs-Cancer	20.0
Water/Sewer	3.0
Heat, Fuel	11.0
Miscellaneous	1.0
Wood	2.0
<b>Total</b>	<b>74.0</b>

Families assisted (Avg.  
per month) in **Shenandoah** with:

Electricity	8.0
Heat, Fuel	0.0
Prescriptions	.0
Rent	.0
Water	2.0
Mortgage	.0
Medical	1.0
Wood	1.0
<b>Total</b>	<b>12.0</b>

## EVENTS



### **Easter Bake Sale**

April 9 at Luray Walmart  
9:00am - until

Baked goods (cakes, pies, cookies,  
fudge and more) are needed.  
Page One Cookbooks & more available  
Volunteers are needed

# THE SUMMER *Gala* 2020 To Benefit **Page One**

August 7 5:30 - 8:00pm Stover Hall More info to follow

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Luray Boutique & Treasurers Thrift Store  
March 16 - Spring & Summer Changeover  
*Beautiful Spring dresses, tops, pants, hats,  
shoes & more.*

Check out our Furniture Warehouse!

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### **20th Anniversary of Page County TRIAD**

May 14, 2020

Rileyville Baptist Church

9:00 am - 1:00 pm

Community Volunteer Opportunities

Page County Sheriff's Office will talk about "Scams"





You are invited to attend a **FREE**

## **SUPER PANTRY**

**LIGHT LUNCH PROVIDED**



**FREE BAG OF  
GROCERIES  
EACH WEEK!!**

## **Learn to Eat Healthy and Make Your Money Go Further**



- ~ *Start eating healthy and feeling better*
- ~ *Save money and get answers to your financial questions*
- ~ *Learn to cook new recipes you and your family will love*

### **Participants Receive:**

- *Recipes and healthy eating tips*
- *Measuring cups and spoons*
- *Food thermometer*
- *Exercise stretch band*
- *Meal and grocery planning pad*



To register, call Kim Costa at  
(540) 665-5699:

**When:** May 6, 13, 27., June 3,  
(June 10, July 1 make-up date)  
(Wednesday mornings 4 Weeks)

**Where:** Page One of Page  
County, 35 N Bank Street,  
Luray, VA

**Time:** 9:00a – 12:00p

**BLUE RIDGE AREA  
FOOD BANK**

a member of  
**FEEDING  
AMERICA**



*If you are a person with a disability and desire any assistive devices, services, or other accommodations to participate in this program, please contact Kim Costa by calling (540) 665-5699 to discuss accommodations at least five days in advance. \*TDD number (800) 828-1120.*

The U.S. Department of Agriculture (USDA) is an equal opportunity provider and employer. This material is funded by USDA's Supplemental Nutrition Assistance Program – SNAP which provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. To find out more, contact your county or city Department of Social Services or to locate your county office call toll-free: 1-800-552-3431 (M-F 8:15-5:00, except holidays). By calling your local DSS office, you can get other useful information about services.

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**We have Speakers available to provide your organization with information about Page One. Call us at 743-4863 to schedule a speaker.**

## **Feedback Needed**

Help us ensure this newsletter provides the information you need. Send your comments, pro and con, to [pageone@centurylink.net](mailto:pageone@centurylink.net). Thanks!

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## **Churches, Service Clubs, Businesses**

Our biggest overall need is for volunteers. We use volunteers to conduct all of our operations. When we are short of volunteers it overworks existing volunteers or closes down an element of our service.

Please encourage the members of your organization to volunteer with us? They will benefit personally from the experience and also help your organization.

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## **Contact Information**

Call us at **540-743-4863** for more information about these items or other questions.

You can also email us at:

[pageone@centurylink.net](mailto:pageone@centurylink.net)

or you can also mail us directly at:

**Page One, 42 West Main St, Luray, VA 22835**

Visit our website at <http://www.vapageone.org>

Page One's Happenings is the monthly email of Page One of Page County to provide timely announcements of ongoing activities.

Page One is an equal opportunity provider and employer.

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Visit our website at <https://www.vapageone.org/>